

A manageable
Bibliography
about Labyrinths

There are so many resources available in print about labyrinths and online that someone newly interested in such information risks becoming overwhelmed and unsure where to begin. Below is a small, limited, bibliography of sources and resources that offer a concise list of places to begin seeking wisdom about labyrinths.

Artress, The Rev. Dr. Lauren; **Walking A Sacred Path: Rediscovering the Labyrinth as a Spiritual Tool**; Revised and Updated; Riverhead Books; New York, NY; ©1995 (update - 2006).

note: If you are going to purchase one book on labyrinths, this should be the book! A great comprehensive introduction to labyrinths by the person who truly mid-wifed the labyrinth movement in North America. Dr. Artress is an Episcopal Priest and the founder of Veriditas, the Labyrinth ministry at Grace Cathedral in San Francisco.

Artress, The Rev. Dr. Lauren; **The Sacred Path Companion: A Guide to Walking the Labyrinth to Heal and Transform**; Riverhead Books; New York, NY; ©2006.

West, Melissa Gayle; **Exploring the Labyrinth: A Guide For Healing and Spiritual Growth**; Broadway Books -- a division of Random House; New York, NY; ©2000.

Geoffrion, Jill Kimberly Hartwell; **Praying the Labyrinth: A Journal for Spiritual Exploration**; The Pilgrim Press; Cleveland, OH; ©1999.

Geoffrion, Jill Kimberly Hartwell; **Living the Labyrinth: 101 Paths to a Deeper Connection with the Sacred**; The Pilgrim Press; Cleveland, OH; ©2000.

Wheeler, The Rev. Diana, illustrated by Marshall Pung, **On My Path: A Very Young Pilgrim's Guide to Walking the Labyrinth**, \$5.99 Paperback. Only available from <http://www.shopatsaintmarks.org/labyrinth.html>. *On My Path is a gentle guide to walking labyrinths for children ages six and under. Through the use of an inclusive language text, very young pilgrims are invited to share different ways of walking and using the labyrinth. Children are also able to color the paths on each page.*

Wheeler, The Rev. Diana, **A Young Pilgrim's Guide to Walking The Labyrinth**, \$5.99 Paperback. Only available from <http://www.shopatsaintmarks.org/labyrinth.html>. *Intended for pilgrims ages seven and older. Using inclusive language, readers are introduced to the labyrinth's ancient origins and modern uses as a personal transformational tool.*

The following organizations can be contracted / consulted with to build permanent labyrinths:

PAXworks
P.O. Box 502244
Indianapolis, IN 46250

(317) 842-2997
www.PAXworks.com

Veriditas: The World Wide Labyrinth Project

1009 General Kennedy Avenue, 1st Floor
The Presidio
San Francisco, CA 94129

(415) 561-2921
www.veriditas.net

Labyrinth Enterprises

128 Slocum Avenue
St. Louis, MO 63119

(800) 873-9873
www.labyrinthproject.com

The following resources are also available from Labyrinth Enterprises:

The Labyrinth Revival: An Introduction to Labyrinths; ©1996, 2002.

Origin, Symbolism, and Design of the Chartres Labyrinth; © 2001.

**Church Labyrinths: Questions and answers regarding the history, relevance,
and use of labyrinths in churches**; © 2001.

Constructing The Chartres Labyrinth: An instruction manual; © 2001.

Constructing Classical Labyrinths: An instruction manual; © 2002.