**Personal-Noise Survey**

**Activity Objective:**

Student(s) will reflect on the need for silence in their lives.

**Lesson Outcome:**

Students should be able to pray reflectively on God's presence, Spirit’s invitation, and our response.

**Materials**

Copies of the personal-noise survey (see questions below)

Pencils

**Directions:**

Lead students in a discussion of why silence is essential for a healthy prayer life.

Distribute copies of the personal-noise survey or write it on the board.

Allow sufficient time for the students to answer the following questions:

1. What place for you is the most silent? Home? School? Church? Yard? Neighborhood? Other?
2. What time of day is the most silent? Morning? Afternoon? Evening? Night?
3. When are you the most silent? In church? At school? At home? In trouble? Other?
4. Do you choose to work in silence, without a TV or music? Why or why not?
5. Do you choose to commute/drive in silence, without radio or music? Why or why not?
6. Do you choose to exercise in silence? Why or why not?
7. Why do you think some people like to play music loudly?
8. Does silence make you nervous? Why or why not?
9. What is one thing you can do to cut down on the noise in your life?

Invite volunteers to share their answers with the entire group.

**Learning Styles:**

Logic/Math Smart,Word Smart

**Approximate Time:**

20 minutes