A Prayer from Sister Fox

May God bless us with discomfort
   at easy answers, half-truths, and superficial relationships
   so that we may live from deep within our hearts.
May God bless us with anger
   at injustice, oppression, and exploitation of God’s creations
   so that we may work for justice, freedom, and peace.
May God bless us with tears
   to shed for those who suffer pain, rejection, hunger, and war,
   so that we may reach out our hands to comfort them and
   to turn their pain into joy.
And may God bless us with just enough foolishness
   to believe that we can make a difference in the world,
   so that we can do what others claim cannot be done:
       to bring justice and kindness
       to all our children and all our neighbors who are poor.
Amen.

For information about the origins of this prayer, sometimes referred to as
"A Franciscan Blessing" or "Four-fold Benedictine Blessing," check out:
http://www.thesacredbraid.com/2016/07/22/a-non-traditional-blessing/