

## Retreat Leadership

### Dr. D. Jack Myers



**Education:** Vanderbilt University - B. A. (Philosophy) & Master of Divinity; Brite Divinity School - Doctor of Ministry

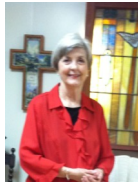
**Ministry:** Ordained 1970; Served

Congregations in Indiana, West VA., North Carolina, Oklahoma, Kansas and Texas. Retired.

**Spiritual Journey:** Raised in Central Christian Church (Disciples of Christ), Lebanon, IN; Studied with Dr. Paul Paulson & at The Alban Institute.

Developed & Led workshops on spirituality in a variety of settings. Currently serves as spiritual director for Texas Koinonia.

### Rev. Geraldine R. Huckman



**Education:** TCU - B.A. (Christian Ed.), TAMU, Kingsville - Master of Education, Brite Divinity School - Master of Divinity

**Ministry:** Ordained 1992; Served

Rolling Oaks CC in San Antonio & FCC in Beeville until 2011. Currently Minister Emeritus, BBA Education Chair, Member BBA Committee on Ministry.

**Spiritual Journey:** Raised in Central CC & Alamo Heights, San Antonio. Developed curriculum & Led Chi Rho events for a decade; 10 Year member of Southwest Pastors Bethany Prayer Group; continues to leads a variety of prayer and spiritual formation groups at FCC, Beeville.

### Mrs. Lindsay Ray



**Education:** Albien College; University of Michigan, Ann Arbor - BS (Chem.), Wayne State University - Master of Science; TAMU, Corpus Christi - MBA

**Professional:** Medical Chemistry Labs, Consultant to Healthcare Professionals, Suzuki Violin Instructor, Violinist in a variety of orchestra settings, Chair of FCC Fine Arts Education Program.

**Spiritual Journey:** Began in a traditional protestant family, traveled through a variety of experiences; rooted with Unitarian Universalists as Elder & leader. Shares gifts of faith, leadership and community building with FCC, Beeville

## A Turning Aside Cultivating Spiritual Life A 6 Hour Retreat at *YOUR CHURCH*

### Proposed Retreat Schedule

8:30 am - Registration & Refreshments

9:00 am - Gathering & Introductions

Media - Notebooks or Digital

Terms & Definitions

Expectations & Surprises

Creative Balance & Sabbath

9:45 am - Experience Spiritual Exercises

Awareness Walk

Personal Reflection

(Process Experience in Small Groups)

11:30 am - Lunch

12:00 noon—Except You Become

(Process Experience in Small Groups)

12:45 - 1:30 pm - Self Select Exercises

Independently or Small Group

1:30 - 2:25 pm - Closing Symbolic Gesture

2:35 pm - Using the Resources

3:00 pm - Evaluation & Departure

### Exercises for Possible Exploration

Breath Prayer

*Lectio Divina*

Journaling

Guided Meditations

Incense as Symbolic Prayer

Praying the Psalms

Prayer Through Music

Praying with Color

Church \_\_\_\_\_

Phone \_\_\_\_\_

email \_\_\_\_\_

Address \_\_\_\_\_

Name \_\_\_\_\_

*Registration Form - Cut on Dotted Line*

List Your Other Spiritual Retreat Experiences

Describe Spiritual Practice you find useful or want to explore

**A Turning Aside  
Cultivating Spiritual Life  
A Retreat At Your Church  
by BBA Education Department  
Wonderings**

There is a hunger for spirituality in our day. Many are wondering how to find just the right food to satisfy their hunger and are overwhelmed by all the choices.

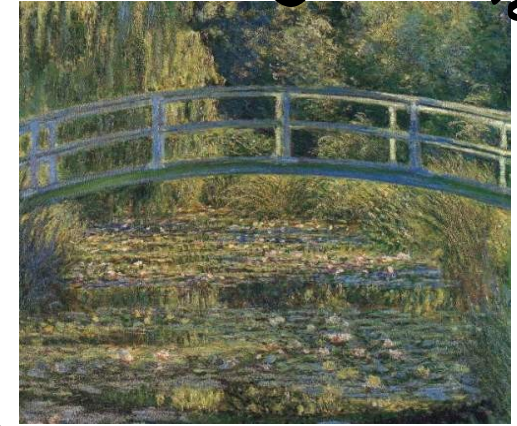


**Explorations**

In the company of others, this retreat will welcome your wonderings as we explore pathways others have traveled before us. Classic spiritual disciplines are our a starting place. Silence or guided meditations provide stepping stones and resting places along the path of discovery. Each one will find the way that fits them best.

At the end of the day each participant will take home a variety of experiences to practice or develop more fully. Each one will have resources for their own growth and to share with others so that spiritual life can blossom and grow. Church will never be the same as something new emerges.

*A Turning Aside*



*Cultivating Spiritual Life*

**A Spiritual Retreat**

**6 Hours At Your Church**

**You Select Date**

**21 Students / 7 per Small Group Leader**

**Intergeneration or Specific Group**

**Weekdays / Weekend / Back to Back**

**Follow Up with Elders / Church Leaders**

**Fees on Request**

**Materials in Notebook Format**

**Materials on DVD Only**

**Honorarium per Leader**

**Reserve A Date**

**Contact BBA Education Chair**

**Rev. Jerry Huckman**

**[jhuckman@gmail.com](mailto:jhuckman@gmail.com)**

**361-542-9549**